# Sexual Assault

**Beyond a Brochure: Training for International Students** 

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### Student Stories: Cultural Backgrounds Explored

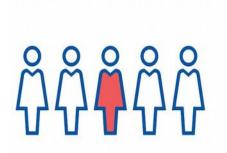


Cultural Views on Sexual Assault: International Student Stories

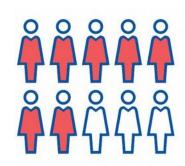
# Agenda

- Introduction
- Consent
- Staying Safe/Bystander Intervention
- Post-Occurrence
- Resources
- Q&A

# Introduction to Sexual Assault





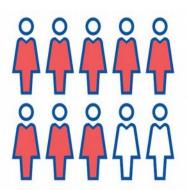




# Majority of Sexual Assaults are Not Reported

- Self-blame or guilt
- Shame, embarrassment or wanting to keep assault private
- Believed it was not important enough to report
- Did not want to get the perpetrator in trouble
- Fear of not being believed
- Believe that the police would not or could not help
- Denial as self-protection





## Additional Challenges for International Students

International students bring their respective cultures and expectations to the United States. A victim will face many obstacles but there are additional barriers including:

- Language
- Cultural differences
- Lack of support network
- Impact on their student status



# Consent

### definitions

#### Sexual Assault:

In the United States, sexual assault is when a sexual activity happens without the agreement of everyone involved.

#### Consent:

Consent means that a sexual activity is agreed upon by **both parties every step of the way**. It must be informed, mutual, actively given, and both people must understand. It is needed for **any type of relationship**.

- Verbal: "Yes", "I'm open to trying", or other verbal agreement
- Physical queues

### **Consent for international students**

The definition of consent varies depending on country. This is a key concept to helping your international students understand consent.

In the US, consent is **NOT**:

- Marriage/being in a relationship
- A person's clothing
- Flirting/Kissing/Touching
- Being incapacitated
- Previous consent
- Being alone with another person
- Being under the legal age of consent

## **Healthy Relationships - INTO OSU**

- Purpose of the session
  - Important cultural & legal differences with American relationships
  - How to take care of yourself and your friends
  - Resources on and off campus
- Presentation rules
  - Maintain confidentiality
  - Communicate respectfully
  - Take care of yourself
  - O Be aware of others experiences
- What OSU believes in
  - Everyone has the right to feel safe
  - Everyone should be treated with respect
  - We want to be part of a caring community

## **Healthy Relationships - INTO OSU (Cont.)**

- Different types of "relationships" in the U.S.
  - Dating and romantic relationships

### Consent

- Two videos
- Consent is the law
- Cultural examples

#### Sexual violence

- Examples including cyberstalking
- Emphasize it's never victim's fault
- Video from the International Student Insurance

#### Resources

- Confidential ones
- Non-confidential ones, including Pride Center

# **Staying Safe**

# Safety on campus

Informing your international students on ways to staying safe on campus and actively care for their peers:

- Build a relationship with your students
- Know your on-campus resources
- Encourage your students to be active bystanders

**Bystander Intervention** involves developing the awareness and courage needed to intervene in a situation when another individual needs help.

# **Bystander intervention**

When it comes to taking a stand and helping someone in need, your students may use CARE:

- Create a distraction do what you can to interrupt a situation if you see something occurring
- Ask directly talk to the person in trouble and see if they need help
- Refer to an authority talk to a person in charge such as a bartender, security guard or police
- Enlist the help of others ask others to help you intervene

Other programs that may be used include Green Dot and Step Up!

# Dealing with an Occurrence

### Title IX and International Students

- Protects all students regardless of national origin, immigration status or citizenship status
- Ensure that reporting forms, information or training about sexual violence be provided in a manner accessible to English learners
- Title IX officer should confer with DSO/international student office to ensure student stays in status during any granted accommodation(s)

# **Dealing with an Occurrence**

Safety is the #1 priority. Let the student know if you are a responsible employee or mandatory reporter, and help the student reach a safe location.

Make sure they know it's not their fault.

Inform victims of their rights and options. Student victims of sexual assault may:

- Choose to report it to the police
- Choose to file a report with the school (know your policy!)
- Seek medical assistance
- Find counseling and support services

# **Seeking Help**

Go to a safe place - the Student's safety is #1 priority

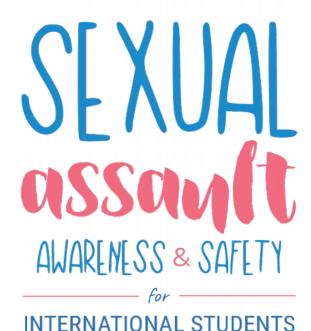
#### Talk to someone

 The student may consider reaching out to someone. They may choose to talk to you, a friend, family member. You can also suggest the student reach out to RAINN hotline which is completely anonymous.

### Go to a nearby medical facility

• In centers.rainn.org, you can find local clinics where the student may get medical attention.

# Resources





Comprehensive, professionally designed presentation to walk your students through the program.



#### Video Content

Two videos on sexual assault awareness and student perceptions from around the world.



#### Student Handout

A downloadable student guide takeaway, or we can supply hard copies, to distribute to students.



#### Interactive Activities

Activities that allow students to form into groups and learn about sexual assault & consent.



#### **Proctor Guide**

Complete guide to walk you through the program and how to present the session to students.

# Interactive Group Scenarios - Sexual Assault activity

### **Consent Questions:**

- What does it look or sound like when someone is interested in you?
- What does it look or sound like when someone is NOT interested in you?
- What are some non-verbal cues/body language that say "no"?
- What does it mean when you buy someone a drink? What does it mean when someone buys you a drink?
- What are some non-verbal cues/body language to indicate that someone wants you to kiss them?

### 1

Alex and Toby are watching TV together in Alex's room. Toby puts his hand on Alex. Alex sits closer to Toby and says, "I don't think we should do this." Alex kisses Toby and Toby reciprocates. Alex then says that having sex is more fun than watching TV, and Toby chuckles. Toby says that they should probably get back to the show, but continues kissing. They have sex.

Minah and Phillip are at a house party playing a drinking game called "around the world" where they drink a shot of liquor every 15 minutes over the course of 3 hours. As the night goes on, Minah begins slurring her words, unable to hold a conversation and stumbling around the house. Minah's roommates want to stay at the party so Phillip offers to walk her home. On the walk, she stumbles and falls down a few times. When they arrive at Minah's house, Phillip invites himself in and tells Minah he's going to help get her to bed safely. Minah starts undressing in the bedroom and doesn't tell Phillip to leave. Phillip starts kissing Minah and they have sex.

### **Sexual Assault Overview Video**



Sexual Assault Awareness for International Students

## **Resources - Videos**

**Consent Video Resource:** 

**Cup of Tea** 



### **TED Talk - A Call To Men**



## RAINN.ORG

#### National Sexual Assault Hotline

- Runs the 24/7 Sexual Assault Hotline
- Free & Confidential
- Call: 800.656.HOPE(4673)

### <u>Prevention Navigator</u>

- Find sexual assault prevention programs

### Find Sexual Assault Service Providers

- Identifies independent providers to help survivors in your area

Q&A

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- 3. Click the "Evaluation" icon at the bottom of the screen.
- 4. Answer the questions that appear on the screen.
- 5. Your response is complete!

