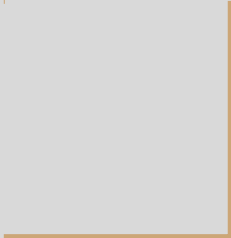




Sexual Assault

Beyond a Brochure: Training for International Students



Cultural Background and Differences



**Cultural Views on Sexual Assault:
International Student Stories**

[Cultural Views on Sexual Assault - Student Stories](#)

Presenters



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*Sexual Misconduct
Resource Specialist,*
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Title IX Coordinator,
Trinity College



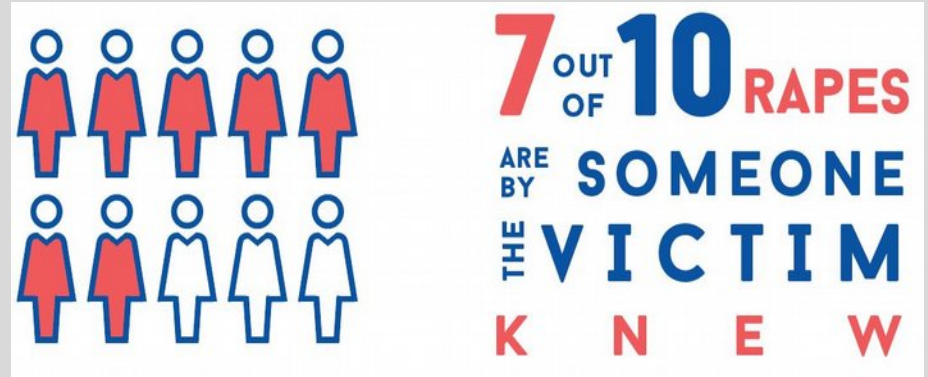
Leah Hammond
*Customer Service
Manager,*
International Student
Insurance



Agenda

- Sexual Assault
- Consent
- Staying Safe/Bystander Intervention
- After A Sexual Assault
- Resources
- Q&A

Introduction to Sexual Assault

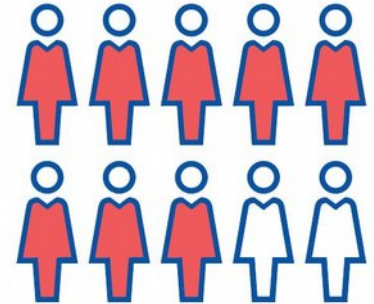


Majority of Sexual Assaults are Not Reported

- Self-blame or guilt
- Shame, embarrassment or wanting to keep assault private
- Believed it was not important enough to report
- Did not want to get the perpetrator in trouble
- Fear of not being believed or retaliation
- Believe that the police would not or could not help

RAINN

ONLY OF FEMALE
20 STUDENT
PER CENT VICTIMS
REPORT TO LAW
ENFORCEMENT



Additional Challenges for International Students

- Language
- Cultural differences
- Social network availability
- Lack of financial resources
- High academic pressures
- Impact on their immigration status

Consent

Sexual Assault and Consent

What is Consent?

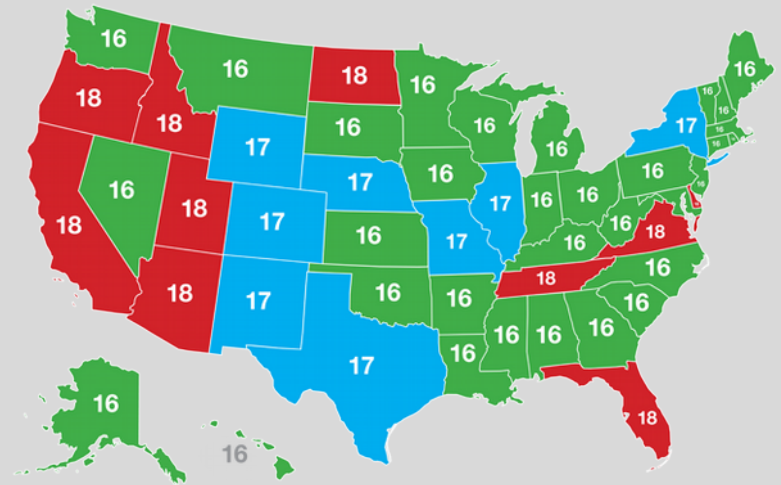
*Consent means that a sexual activity is agreed upon by **all parties every step of the way.***

- Verbal: “Yes”, “I’m open to trying”, or other verbal agreement
- Physical cues

Consent for International Students

In the US, consent is NOT:

- Marriage/being in a relationship
- A person's clothing
- Flirting/Kissing/Touching
- Being incapacitated
- Previous consent
- Being under the legal age of consent
- Being alone with another person



What's the age of consent in your state?

Trainings - Tufts University

For incoming students, Tufts requires 3 trainings for sexual misconduct

- Online (before school begins)
- Large Group (during orientation)
- Small group of 40 students or less (in the first few weeks of school)

Consent - Tufts University

An informed, deliberate and voluntary decision to engage in mutually acceptable sexual activity.

- A person who wants to engage in sexual activity has the obligation to make sure they have consent.
- Consent may not be inferred from silence, passivity or a lack of objection/resistance; it must be active and affirmative.
- If an individual receives an unclear response, they *must* get additional information before moving forward.
- Consent is required for every individual act; prior consent does not imply future consent.
 - Tufts University Sexual Misconduct Policy



Staying Safe/Bystander Intervention



Safety On Campus

Informing your international students on ways to staying safe on campus and actively care for their peers:

- Build a relationship with your students
- Know your on-campus resources (both confidential and non-confidential)
- Encourage students to report
- Advocate for anti-retaliation clauses in policy and campus training with administration
- Encourage your students to be active bystanders

Bystander Intervention

How can students prevent sexual assault and becoming active bystanders:

- **C***reate a distraction* - do what you can to interrupt a situation if you see something occurring
- **A***sk directly* - talk to the person in trouble and see if they need help
- **R***efers to an authority* - talk to a person in charge such as a bartender, security guard or police.
- **E***nlist the help of others* - ask others to help you intervene

Staying Safe & Bystander Intervention - Examples from Tufts University

“ I can distract the person who is being aggressive by accidentally spilling something on him or her, grabbing their phone, or doing something else to get their attention directed somewhere else” - Tufts student, Class of 2017

“ONE time one of my friends was trying to take a girl to his room who was clearly too drunk. I didn't want to make him mad or scare people at the party, so instead I pretended that people were climbing in our back window. He ran to stop them and I had her friends get her out of the house before he came back... I wasn't scared that he would think I just said that they must have run away.” - Tufts student, Class of 2018

After A Sexual Assault

Title IX

What your international student need to know:

- It protects them regardless of national origin, immigration status or citizenship status
- Forms and documentation must be made available for English learners
- Ensure necessary accommodations can be made
 - The Title IX coordinator and DSO will work together to keep student in status

Common Reactions to Trauma

Sexual violence can have psychological, emotional, and physical effects on a survivor

- Psychological: Anxiety, Depression, Eating disorders, Post traumatic stress disorder, Self harm, Sleep disorders, Substance Abuse
- Emotional: Denial, Fear, Rage, Guilt, Shame, Blame, Distrust
- Physical: Acute, Long-term

Dealing with an Incident

Inform survivors of their rights and options:

- Choose to report it to the police
- Choose to file a report with the school
- Seek medical assistance
- Find counseling and support services
- Give them confidential resources and policies that provide support with or without them reporting the incident

Seeking Help

Safety

- Encourage survivors to go to a safe place - safety is the #1 priority
- Consider long term options, including housing accommodations

Disclosure

- Encourage survivors to reach out to someone - friend, advisor, family member
- Reminder that RAINN hotline offers free, confidential, anonymous, 24/7 help

Medical and Mental Health

- Encourage survivors to use on campus resources
- Visit centers.rainn.org to find local resources

Reporting

Sexual assault is a crime, and it is every survivor's right to report an incident; however, it is also a survivor's right to choose not to report

If you are a mandatory reporter, let the student know before they disclose

Inform survivors of their rights and options by providing:

- Choices regarding their reporting options (i.e., criminal, Title IX, confidential)
- Resources for medical, mental health, legal, victim advocacy, and law enforcement assistance
- Accommodations (e.g., academic, housing)

Avoid victim-blaming; Make sure survivor know it's not their fault.

Dealing with Incidents - Trinity College

- Safety
- Interim Measures
- Follow Up



Resources



SEXUAL assault AWARENESS & SAFETY *for* INTERNATIONAL STUDENTS



Powerpoint Presentation

Comprehensive, professionally designed presentation to walk your students through the program.



Video Content

Two videos on sexual assault awareness and student perceptions from around the world.



Student Handout

A downloadable student guide take-away, or we can supply hard copies, to distribute to students.



Interactive Activities

Activities that allow students to form into groups and learn about sexual assault & consent.



Proctor Guide

Complete guide to walk you through the program and how to present the session to students.



Presentation

Proctor Guide



Proctor Guide

Slide 2:

Session Overview

- What is Sexual Assault and Consent in the US?
- Staying Safe
- Cultural Backgrounds and Differences
- Seeking Help
- How Your School Can Help



Main Talking Points:

- Roadmap of what we are going to discuss: sexual assault, consent, staying safe, norms around the world, and what do if something happens.

In today's discussion, we are going to cover what sexual assault is. You'll notice that when discussing the definition of sexual assault, the most important word you'll hear is consent. Not only will you know what consent is by the end of the presentation, but hopefully it's a concept that you'll include in every relationship you have. Then, we'll discuss staying safe including what you can do to keep yourself, and your friends, safe by taking a few extra precautions. Like in any place, you always want to be smart and cautious. We'll then look at the topic from other student's perspectives, including laws and cultural norms around the world. Finally, if something were to happen, we'll explain your options, and what we can do as your school to help.

Slide 3:

Introduction to Sexual Assault

Sexual Assault Statistics



Main Talking Points:

- 11.2% of all undergraduate and graduate students experience rape or sexual assault: through physical force, violence, or incapacitation
- 1 in 5 women and 1 in 16 men on college campuses
- 2 people who are sexually assaulted for every 1 robbery

This is why we are here today. 11.2% of all undergraduate and graduate students experience rape or sexual assault through physical force, violence, or incapacitation. To give you an idea of how many people that is, that is 1 in 5 women and 1 in 16 men on college campuses. To put that into perspective, that is 2 people who are sexually assaulted for every 1 robbery. Because of this, today's conversation is very important and relevant.



Slide 4:

What is Sexual Assault?



Can someone explain to me what sexual assault is?

<wait for someone to volunteer>

Slide 5:

Introduction to Sexual Assault

Sexual Assault Definition:

In the United States, sexual assault is when a sexual activity happens without the agreement of your partner. It's important that you have consent every step of the way.



Main Talking Points:

- Sexual assault is any type of sexual contact or behavior without consent
- Touching someone in a sexual way or trying to have sex

Sexual assault is any type of sexual contact or behavior that is done without the consent of the other person.¹ It can be anything from touching someone in a sexual way or trying to have sex without the agreement of the other person.

¹ <https://www.justice.gov/sexual-assault>



Student Activities

Activity #1: What Does It Look Like?

Topic:

Consent

Instructions:

In your group, please have one person read the following questions. After each question, discuss your responses as a group. Take notes as you'll be asked to share your responses at the end of the activity.

Questions:

1. What does it look like or sound like when someone is interested in you?
2. What does it look like or sound like when someone is **NOT** interested in you?
3. What are some non-verbal cues/body language that say "no"?
4. What does it look like or sound like when someone wants you to buy them a drink?
5. What are some non-verbal cues/body language to indicate that someone wants you to kiss them?

names

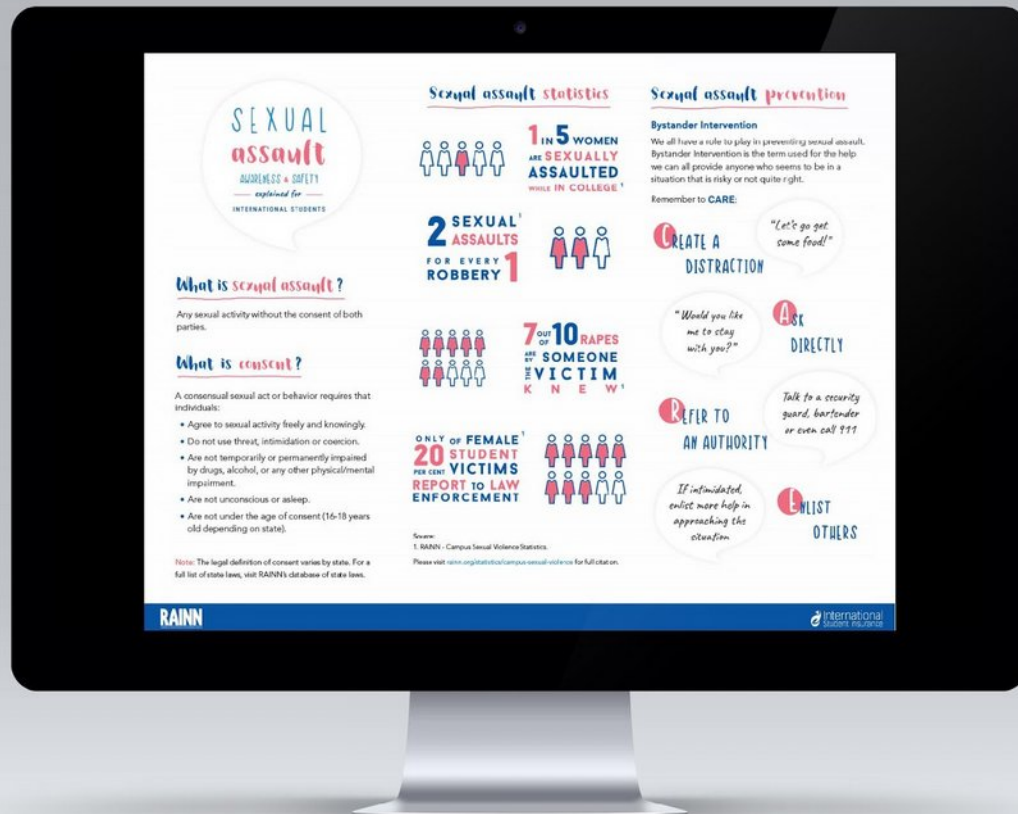
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SEXUAL
assault
awareness & safety
— explained for —
INTERNATIONAL STUDENTS



Sexual Assault Awareness Video

Electronic Brochure



Brochure

SEXUAL assault AWARENESS & SAFETY explained for INTERNATIONAL STUDENTS

RAINN
National Sexual Assault
Hotline

International
Student Insurance

After an Assault

If you have been assaulted, remember that you are not alone, what happened is not your fault, and there is help available.

1. **Safety First** - Make sure you are in a safe place and contact someone you trust for support.



**IF YOU ARE IN IMMEDIATE DANGER
OR SERIOUSLY INJURED, CALL 911.**

2. **It's Not Your Fault** - Something happened to you that you did not want, and it is not your fault.



3. **Seek Help or Support** - Call the National Sexual Assault Hotline toll-free at 800-656-4673 or online rainn.org.

This confidential resource will connect you to a trained staff member who is there to help and can walk you through your medical and reporting options. The actions you take from there will be up to you!

Visa Requirements

Following a sexual assault, you may choose to access accommodations, such as withdrawing from classes or reducing your workload. If your visa requires that you maintain a full-time course load, work with your PDSO (Principal Designated School Official) for approval or talk to your International Student Advisor for advice. This approval can be given for either academic reasons (once per program) or medical reasons (12 months).

Title IX/School Obligations

Your school is federally obligated to make immediate and effective efforts to end sexual harassment and sexual violence. Under Title IX, your school is required to:



Protect you



Cannot discourage you from continuing your education



Have an established procedure to ensure your safety



Take immediate action to ensure you can continue your education



May not retaliate against someone filing a complaint



Provide the option of a no contact directive to your attacker



Provide you with the opportunity to formally present your case against the perpetrator

Provide reasonable accommodations, like room changes, for no additional cost

Contact your Title IX Coordinator if you would like to make a formal report to your school.

**REMEMBER, YOU ARE UNDER NO
OBLIGATION TO REVEAL YOUR
ASSAULT TO YOUR PDSO**

Additional Video Resources

[Consent Video Resource: Tea Consent](#)



[TED Talk - A Call To Men \(Athletes\)](#)



RAINN Website & National Hotline

The [National Sexual Assault Hotline](https://www.nshh.org/) at 800.656.HOPE (4673) - A trained member of a local sexual assault service provider will direct the victim to appropriate health facilities to help them.

- [Prevention Navigator](#)
- [Sexual Assault Service Provider Search Tool](#)





Questions?