

SEXUAL  
assault

— AWARENESS & SAFETY —

— explained for —

INTERNATIONAL STUDENTS

Beyond a Brochure:  
Training International Students  
on Sexual Assault Awareness

# Student Stories: Cultural Backgrounds Explored



**Cultural Views on Sexual Assault:  
International Student Stories**

Link:

<https://www.internationalstudentinsurance.com/school-resources/sexual-assault-training/>

# Presenters



Annemarie Estrada  
Director of Client Services



Carol Armstrong  
Immigration Attorney



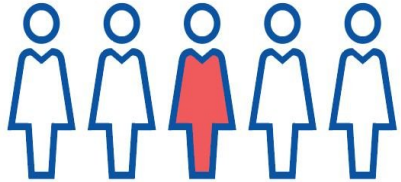
Maria Frigge  
Associate Dean of International Student  
Services



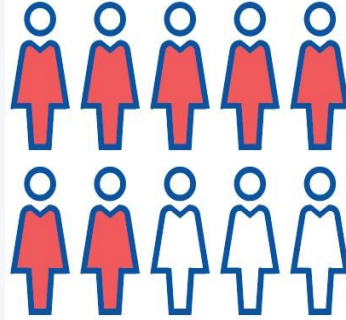
# Agenda

- Introduction to Sexual Assault and Consent
- Sexual Assault Prevention
- Dealing with an Occurrence
- Resources
- Q&A

# Sexual Assault Statistics



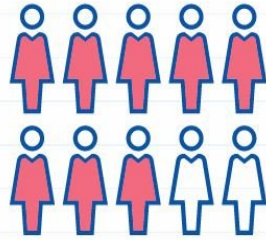
**1** IN **5** WOMEN  
ARE **SEXUALLY**  
**ASSAULTED**  
WHILE **IN COLLEGE**



**7** OUT OF **10** **RAPES**  
ARE BY **SOMEONE**  
THE **VICTIM**  
**K N E W**

# Majority of Sexual Assaults are Not Reported

ONLY 20% OF FEMALE STUDENT VICTIMS  
REPORT TO LAW ENFORCEMENT<sup>1</sup>



- Self-blame, guilt, shame and/or embarrassment
- Believed it was not important enough to report
- Fear of being not being believed or retaliation
- Believed that the police can't or won't help

# Consent

# Sexual Assault and Consent

## What is Consent?

Consent means that a sexual activity is agreed upon by **both parties every step of the way**

- Verbal: “Yes”, “I’m open to trying”, or other verbal agreement
- Physical queues



# Consent *for* International Students

Consent has many definitions in different countries. This is a key concept to helping your international students understand consent.

In the US, consent is NOT:

- Marriage/relationship
- A person's clothing
- Flirting/kissing/touching
- Being incapacitated/intoxicated
- Previous consent
- Being under the legal age of consent

# Interactive Group Scenarios

SA activity

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Identifying Consent

# Interactive Group Scenarios

Peter and Stacey are dating and have talked about waiting to have sex. One evening while Peter and Stacey were making out, Peter gets caught up in the moment and decides to go for it. He asks Stacey quickly, she responds with “I’m not sure, I guess, okay,” but doesn’t stop him immediately. After a few minutes, Stacey pushes him off her and asks Peter to leave. Later, her roommate hears her crying in the next room. The next day, Peter calls and says he is sorry but says that she had agreed to have sex before they even started. He doesn’t understand why Stacey is upset.

# Sexual Assault Prevention

# Staying safe - Bystander Intervention

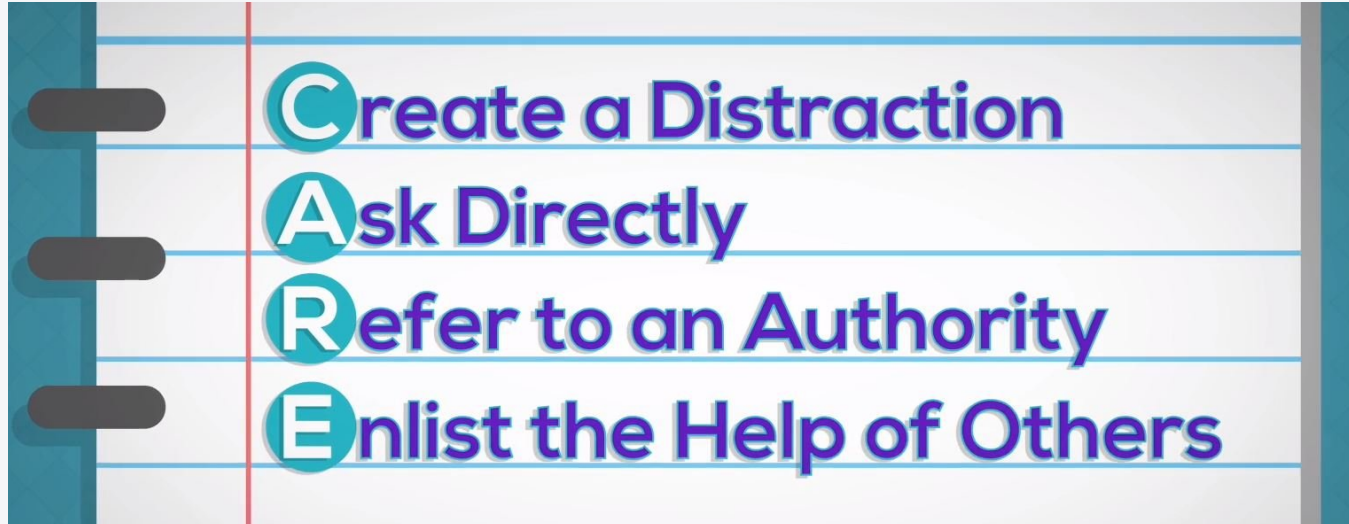
Informing your international students on ways to staying safe on campus and actively care for their peers:

- Build a relationship with your students
- Know your on-campus resources
- Encourage your students to be active bystanders

**Bystander Intervention** involves developing the awareness and courage needed to intervene in a situation when another individual needs help.

# Staying safe - Bystander Intervention

When it comes to taking a stand and helping someone in need, your students can use CARE:



# Dealing with an Incident

# Dealing with an Incident

Safety is the #1 priority. Let the student know if you are a mandatory reporter, and help the student reach a safe location. Make sure they know it's not their fault.

Inform victims of their rights and options. Students victims of sexual assault may:

- Choose to report it to the police
- Choose to file a report with the school
- Seek medical assistance
- Find counseling and support services



# Seeking Help

Go to a safe place - **the Student's safety is #1 priority**

Talk to someone

- The student may consider reaching out to someone. They may choose to talk to you, a friend, family member. You can also suggest the student reach out to RAINN hotline which is completely anonymous.

Go to a nearby medical facility

- In [centers.rainn.org](https://centers.rainn.org), you can find local clinics where the student may get medical attention.

# Title IX and International Students

- Protects all students regardless of national origin, immigration status or citizenship status
- Ensure that reporting forms, information or training about sexual violence be provided in a manner accessible to English learners
- Title IX officer must confer with DSO/international student office to ensure student stays in status during any accommodation

# U Visas

# ISI Sexual Assault Training

# ISI Sexual Assault Training

Free multimedia training program designed to raise awareness among international students about common sexual assault issues.



## **Powerpoint Presentation**

Comprehensive, professionally designed presentation to walk your students through the program.



## **Video Content**

Two videos on sexual assault awareness and student perceptions from around the world.



## **Student Handout**

A downloadable student guide take-away, or we can supply hard copies, to distribute to students.



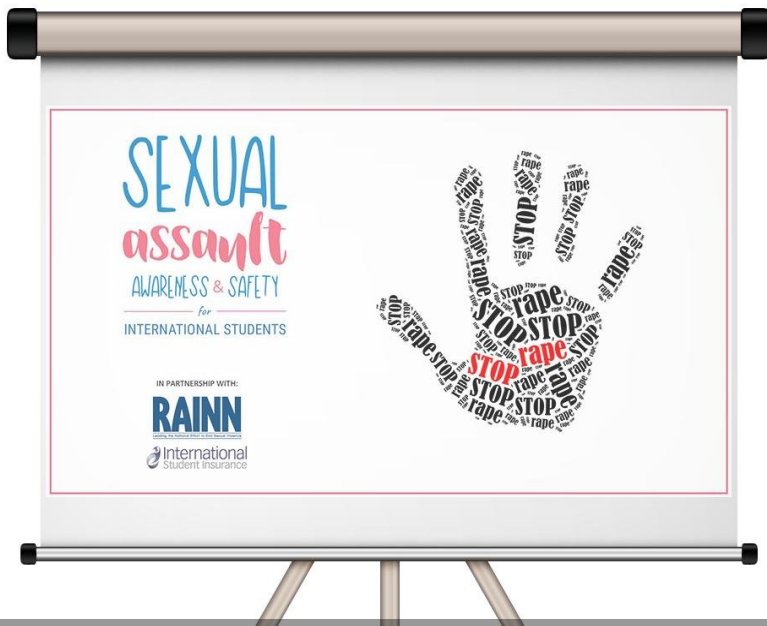
## **Interactive Activities**

Activities that allow students to form into groups and learn about sexual assault & consent.



## **Proctor Guide**

Complete guide to walk you through the program and how to present the session to students.



Presentation

# Proctor Guide

## SEXUAL assault

AWARENESS & SAFETY  
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### Students

...if students. We hope that  
...ness about sexual assault  
...including the presentation,  
...Designed to be about an hour  
...the presentation, interactive  
...of students.

...that can be found on the right,  
...used when interacting with students.

#### Main Talking Points:

- Introduction of session
- What we are going to cover
- Who are we

### Sexual Assault



...about sex, consent, and sexual assault. Although this is an important  
...sensitive topic, so during this presentation, if you need to leave at any point  
...do so.

Designed by International Student Insurance in partnership with RAINN (Rape,  
...etwork). RAINN created and operates the National Sexual Assault Hotline in  
...1,000 local sexual assault service providers across the country.

...ic of sex, consent, and sexual assault is rarely or never discussed. For others, though,  
...g you've heard about before. Either way, in today's discussion, we are  
...is openly so that you know more about how systems in the US work, how to  
...riends safe, and what you need to know in case something does happen.

SEXUAL  
assault

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# Proctor Guide

## Slide 2:

### Session Overview

- What is Sexual Assault and Consent in the US?
- Staying Safe
- Cultural Backgrounds and Differences
- Seeking Help
- How Your School Can Help



#### Main Talking Points:

- Roadmap of what we are going to discuss: sexual assault, consent, staying safe, norms around the world, and what do if something happens.

In today's discussion, we are going to cover what sexual assault is. You'll notice that when discussing the definition of sexual assault, the most important word you'll hear is consent. Not only will you know what consent is by the end of the presentation, but hopefully it's a concept that you'll include in every relationship you have. Then, we'll discuss staying safe including what you can do to keep yourself, and your friends, safe by taking a few extra precautions. Like in any place, you always want to be smart and cautious. We'll then look at the topic from other student's perspectives, including laws and cultural norms around the world. Finally, if something were to happen, we'll explain your options, and what we can do as your school to help.

## Slide 3:

### Introduction to Sexual Assault

#### Sexual Assault Statistics



Statistics from BIRN.org

#### Main Talking Points:

- 11.2% of all undergraduate and graduate students experience rape or sexual assault: through physical force, violence, or incapacitation
- 1 in 5 women and 1 in 16 men on college campuses
- 2 people who are sexually assaulted for every 1 robbery

This is why we are here today. 11.2% of all undergraduate and graduate students experience rape or sexual assault through physical force, violence, or incapacitation. To give you an idea of how many people that is, that is 1 in 5 women and 1 in 16 men on college campuses. To put that into perspective, that is 2 people who are sexually assaulted for every 1 robbery. Because of this, today's conversation is very important and relevant.



## Slide 4:

### What is Sexual Assault?



Can someone explain to me what sexual assault is?

<wait for someone to volunteer>

## Slide 5:

### Introduction to Sexual Assault

#### Sexual Assault Definition:

In the United States, sexual assault is when a sexual activity happens without the agreement of your partner. It's important that you have consent every step of the way.



Source: <https://www.justice.gov/ovw/sexual-assault>

#### Main Talking Points:

- Sexual assault is any type of sexual contact or behavior without consent
- Touching someone in a sexual way or trying to have sex

Sexual assault is any type of sexual contact or behavior that is done without the consent of the other person.<sup>1</sup> It can be anything from touching someone in a sexual way or trying to have sex without the agreement of the other person

<sup>1</sup> <https://www.justice.gov/ovw/sexual-assault>





# Student Activities

## Activity #4: What Does It Look Like?

Topic:

Consent

### Instructions:

In your group, please have one person read the following questions. After each question, discuss your responses as a group. Take notes as you'll be asked to share your responses at the end of the activity.

### Questions:

1. What does it look like or sound like when someone is interested in you?
2. What does it look like or sound like when someone is **NOT** interested in you?
3. What are some non-verbal cues/body language that say "no"?
4. What does it look like or sound like when someone wants you to buy them a drink?
5. What are some non-verbal cues/body language to indicate that someone wants you to kiss them?

movies

76





## Sexual Assault Awareness Video

# Brochure

## SEXUAL assault AWARENESS & SAFETY — explained for — INTERNATIONAL STUDENTS

**RAINN**  
National Sexual Assault Hotline  
800.678.7273

**International  
Student Insurance**

### After an Assault

If you have been assaulted, remember that you are not alone, what happened is not your fault, and there is help available.



1. **Safety First** - Make sure you are in a safe place and contact someone you trust for support.

**IF YOU ARE IN IMMEDIATE DANGER  
OR SERIOUSLY INJURED, CALL 911.**



2. **It's Not Your Fault** - Something happened to you that you did not want, and it is not your fault.
3. **Seek Help or Support** - Call the National Sexual Assault Hotline toll-free at 800.656.4673 or online [rainn.org](https://www.rainn.org).

This confidential resource will connect you to a trained staff member who is there to help and can walk you through your medical and reporting options. The actions you take from there will be up to you!

### Visa Requirements

Following a sexual assault, you may choose to access academic accommodations, such as withdrawing from classes or reducing your workload. If your visa requires that you maintain a full-time course load, work with your PDSO (Principal Designated School Official) for approval or talk to your International Student Advisor for advice. This approval can be given for either academic reasons (once per program) or medical reasons (12 months).

### Title IX School Obligations

Your school is federally obligated to make immediate and effective efforts to end sexual harassment and sexual violence. Under Title IX, your school is required to:



Protect you



Cannot discourage you from continuing your education



Have an established procedure to ensure your safety



Take immediate action to ensure you can continue your education



May not retaliate against someone filing a complaint



Provide the option of a no contact directive to your attacker



Provide you with the opportunity to formally present your case against the perpetrator

Provide reasonable accommodations, like room changes, for no additional cost

Contact your Title IX Coordinator if you would like to make a formal report to your school.

**REMEMBER, YOU ARE UNDER NO  
OBLIGATION TO REVEAL YOUR  
ASSAULT TO YOUR PDSO**

# Resources - National Websites and Hotlines

## RAINN

Call the  
**National Sexual Assault Hotline** at  
800.656.HOPE (4673) or  
[chat online](https://www.rainn.org) at (RAINN.org).

They will direct the victim to  
appropriate health facilities to help  
them.



Students that are exposed to themes like **sexual assault** and educated in **consent** and bystander intervention are at **less risk**.



# PLEASE EVALUATE THIS PRESENTATION.

1. Open the NAFSA Regional Conference App.
2. Find this presentation's record.
3. Click the "Evaluation" icon at the bottom of the screen.
4. Answer the questions that appear on the screen.