



Sexual Assault

Beyond a Brochure: Training for International Students



Cultural Background and Differences



**Cultural Views on Sexual Assault:
International Student Stories**

Student Stories Video: <https://www.internationalstudentinsurance.com/explained/cultural-views-sexual-assault-video.php>

Presenters



Amber Mosley
*Sexual Assault Prevention
Education Coordinator,*
Sindecuse Health Center,
Western Michigan University



Leah Hammond
*Customer Service
Manager, International
Student Insurance*



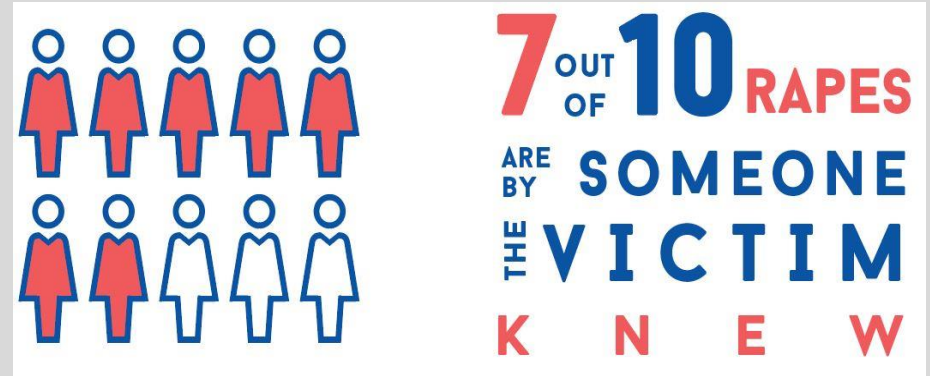
WESTERN MICHIGAN
UNIVERSITY



Agenda

- Sexual Assault
- Consent
- Staying Safe/Bystander Intervention
- After Sexual Assault
- Resources
- Q&A

Why is it Important to Teach your International Students about Sexual Assault?



Source:

RAINN

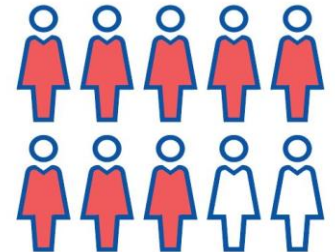
Majority of Sexual Assaults are Not Reported

- Self-blame or guilt
- Shame, embarrassment or wanting to keep assault private
- Believed it was not important enough to report
- Did not want to get the perpetrator in trouble
- Fear of not being believed or retaliation
- Believe that the police would not or could not help

Source:

RAINN

ONLY 20% OF FEMALE
STUDENT VICTIMS
REPORT TO LAW
ENFORCEMENT





Consent

Sexual Assault and Consent

What is Consent?

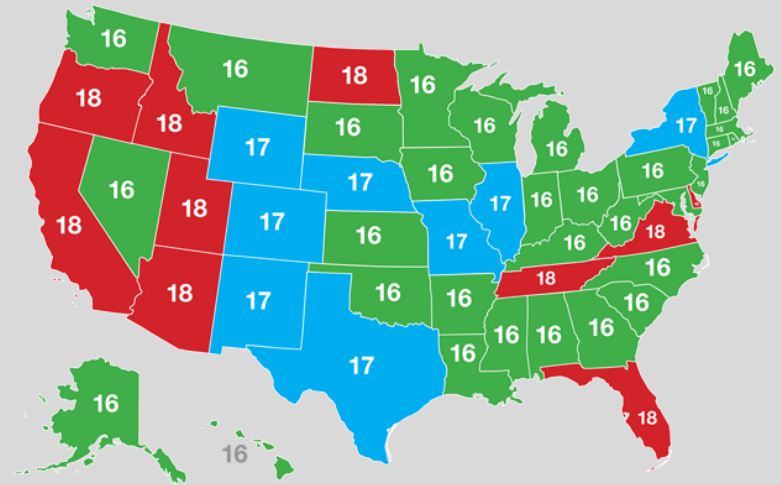
*Consent means that a sexual activity is agreed upon
by **all parties every step of the way.***

- Verbal: “Yes”, “I’m open to trying”, or other verbal agreement
- Physical queues

Consent for International Students

In the US, consent is NOT:

- Marriage/being in a relationship
- A person's clothing
- Flirting/Kissing/Touching
- Being incapacitated
- Previous consent
- Being alone with another person
- Being under the legal age of consent



What's the age of consent in your state?



Interactive Group Scenarios

Consent Activity



Group Activity - Consent

Minah and Phillip are at a house party drinking quite heavily. Minah becomes drunk. She's slurring her words, unable to hold a conversation, and stumbling around the house. Minah's roommates want to stay at the party so Phillip offers to walk her home. On the walk, she's stumbling and bumping into things along the way. Once Minah is home, Phillip invites himself in and tells Minah he's going to help get her to bed safely. Minah starts undressing in the bedroom and doesn't tell Phillip to leave. Phillip starts kissing Minah and they have sex.

Western Michigan University - Prevention Education

- Scaffolded Education
 - General
 - Population Specific
- Cohesive Messaging
- Create Buy-in

EXPERIENCE SUCCESS EARLY ONLINE

1.	2.	3.
Financial Literacy 101	AlcoholEdu for College	Haven for Sexual Assault

Modules open July 14. You are required to complete all three prior to Aug. 25.



You will receive more information in early July.

These modules are designed to provide focused information, tips and strategies that will help you navigate, manage and balance the academic and social aspect of college life. Make sure to allow yourself adequate time to complete each module.

- Financial Literacy 101 takes 90 minutes.
- AlcoholEdu for College takes 90 minutes.
- Haven for Sexual Assault takes 60 minutes.

FOR ADDITIONAL INFORMATION:
(269) 387-2167



First-Year Experience Programs

wmich.edu/firstyear
(269) 387-2167

Your road map for success

Western Michigan University understands that going to college can be challenging as well as exciting. The first year of college is an exhilarating time filled with opportunities to grow, explore and be more independent. This is also a time of change, which can be intimidating or stressful. The same is true for students who are in the process of transferring to WMU, as they begin their career at a new university.



We are here with you to help you make a smooth transition into and through your first year at Western Michigan University.

WMU First-Year Experience programs are comprised of four essential components: New Student Orientation, Transfer Student Services, Fall Welcome and First-Year Seminar. Our programs build on one another, giving WMU students the assistance and support needed to establish a solid foundation for achieving academic and personal goals.

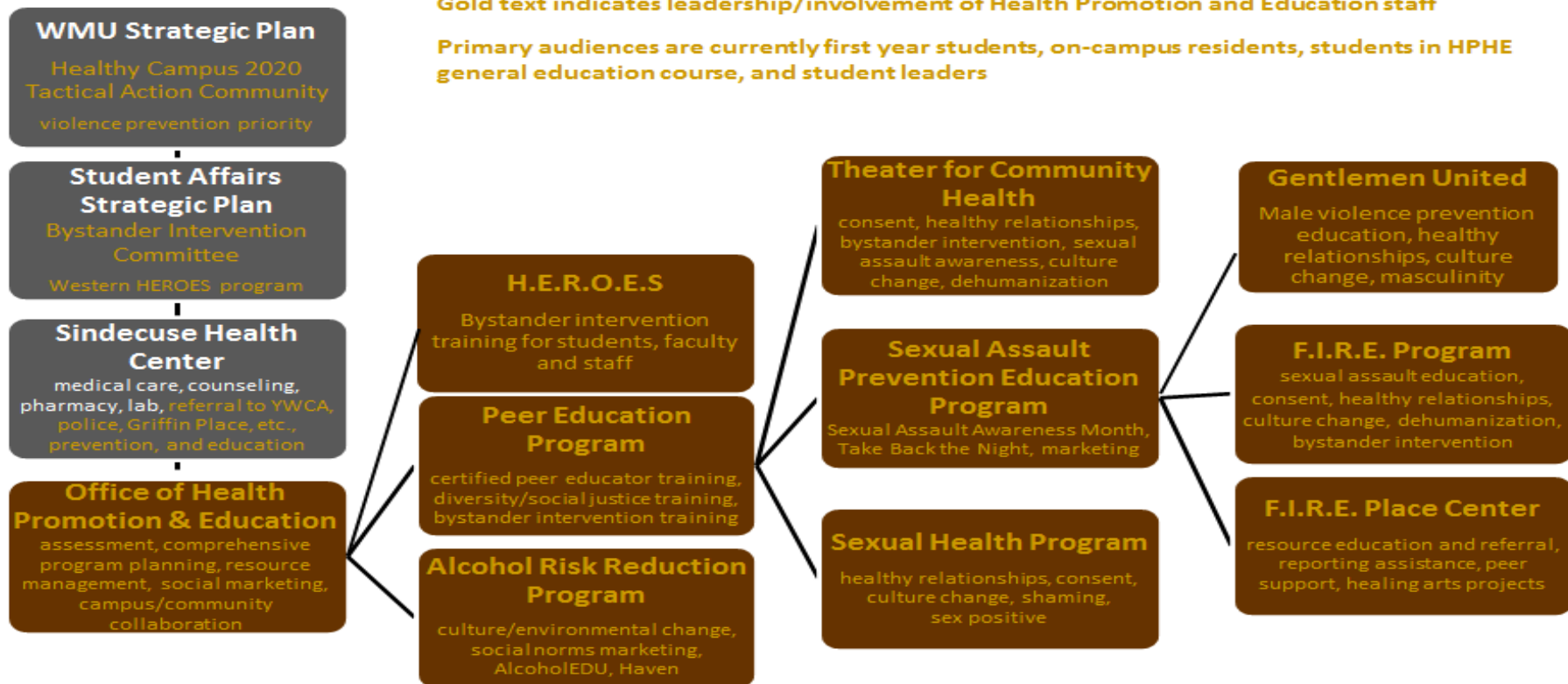
Studies show that students who are involved and engaged in their education, in comparison to those students who are not, will often experience greater success leading toward graduation. WMU knows that every student wants to achieve success. We have designed FYE to work in partnership with our students to ensure they are prepared and ready for the next phase in their academic and personal lives.

Office of Health Promotion and Education

Sexual Assault Programs and Services

Gold text indicates leadership/involvement of Health Promotion and Education staff

Primary audiences are currently first year students, on-campus residents, students in HPHE general education course, and student leaders



Office of Health Promotion and Education

Sexual Assault Education Data 2016-17

- **Sexual Assault Program Participation Outcomes**

- Primary Messaging

- F.I.R.E. Peer Education: 71 programs for 4,906 students
 - Haven (Alcohol EDU): 2,971 students (98% of first year cohort)
 - Theatre for Community Health: 34 programs for 4,406 students
 - Gentlemen United: 14 programs for 467 students

- Infused Messaging

- Sexual Health Peer Education: 63 programs for 1,308 students
 - Alcohol Risk Reduction: 43 programs for 4,359 students
 - H.E.R.O.E.S: 17 programs for 423 students

- Reach

- Primary messaging reach= 12,750
 - Infused messaging reach= 6,090
 - **Total reach= 18,840 direct contacts in 2016-17**

- **Sexual Assault Prevention Learning Outcomes**

- After participating in a F.I.R.E. presentation, students demonstrated understanding by correctly answering approximately 85% of the learning outcome measures

Consent - Western Michigan University

- Consult with International Educators to understand how and what they are teaching their students
- Decrease barriers to understanding with photos and easy to understand

- Behavior
= The way you act
- Appropriate
= Ok, Good
- Inappropriate
= Bad, Illegal



- Consent
= Agree



- Consent
= Give Permission



Don't Do These Things

Don't...

- Cat call
- Yell out sexual comments.
- Make sexual comments about another person's body.

Inappropriate



Hey
Sexy!



Nice
Butt!

Staying Safe/Bystander Intervention

Safety On Campus

Inform international students of ways to promote safety for themselves and their peers:

- Build a relationship with your students
- Know your on-campus resources and share them in easy to access ways
- Understand reporting mechanisms
- Include alcohol risk reduction education
- Encourage your students to be active bystanders inside and outside international community

Bystander Intervention

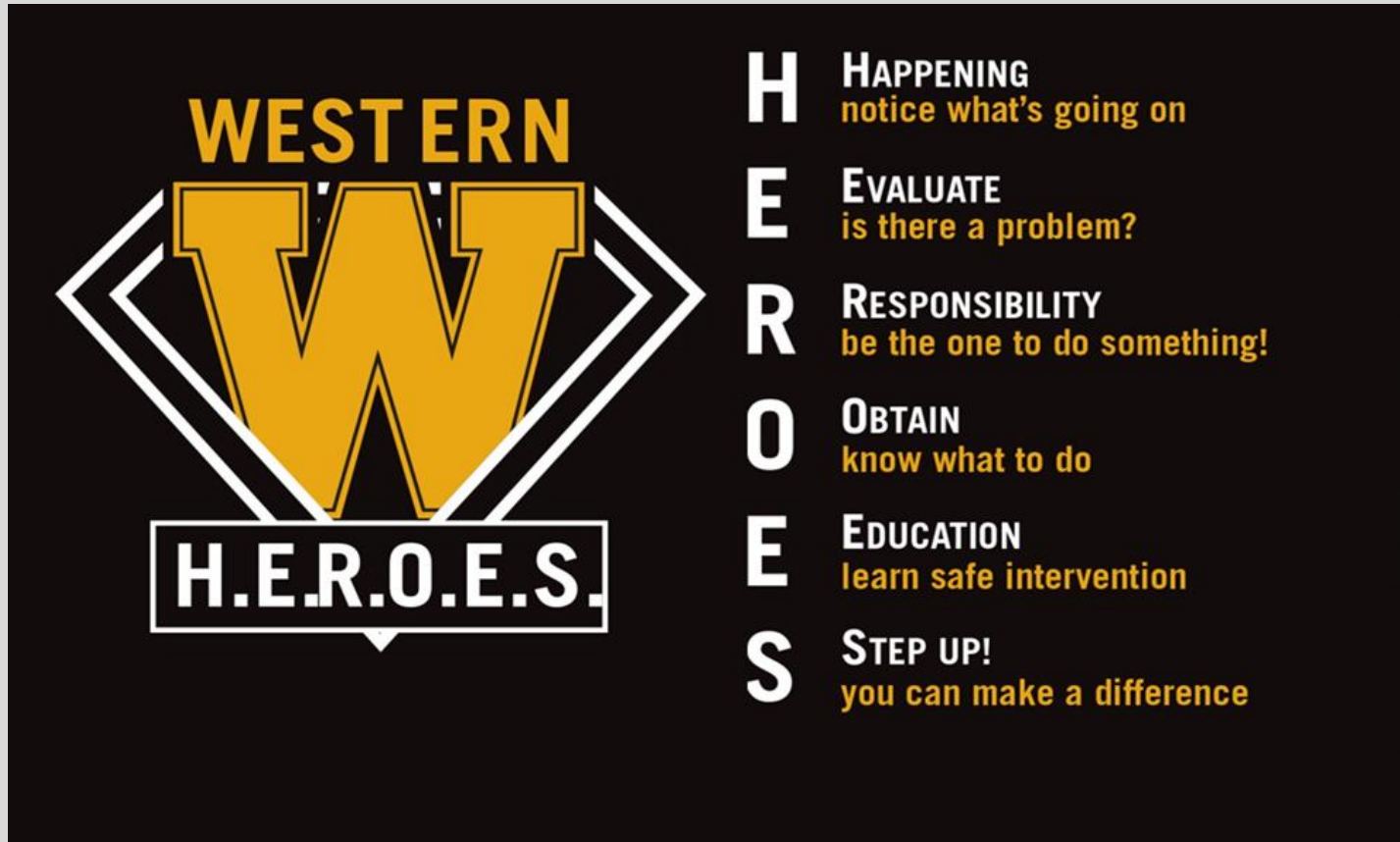
How can students prevent sexual assault through becoming active bystanders:

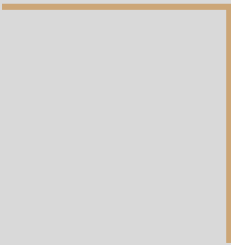
- **C***reate a distraction* - do what you can to interrupt a situation if you see something occurring
- **A***sk directly* - talk to the person in trouble and see if they need help
- **R***efers to an authority* - talk to a person in charge such as a bartender, security guard or police.
- **E***nlist the help of others* - ask others to help you intervene

Source:

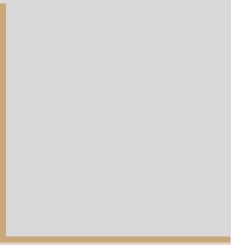


Bystander Intervention - Western Michigan University





After A Sexual Assault



Common Reactions to Trauma

Sexual violence can have psychological, emotional, and physical effects on a survivor

- Psychological: Anxiety, Depression, Eating disorders, Post traumatic stress disorder, Self harm, Sleep disorders, Substance Abuse
- Emotional: Denial, Fear, Rage, Guilt, Shame, Blame, Distrust
- Physical: Acute, Long-term
- Academic: Missing Classes, Poor Concentration, Attrition

Supporting Survivors

Inform survivors of their rights and options:

- Reporting options
 - Choice to file a report with the police and/ or school
 - Police procedure
 - Title IX/ Sexual Misconduct policy and procedures
- Medical assistance options
- Counseling and support services options
- Private vs. Confidential options

Seeking Help

Safety

- Encourage survivors to go to a safe place - safety is the #1 priority
- Consider long term options, including housing accommodations

Disclosure

- Encourage survivors to reach out to someone - friend, advisor, family member
- Reminder that RAINN hotline offers free, confidential, anonymous, 24/7 help

Medical and Mental Health

- Encourage survivors to use on campus resources
- Visit centers.rainn.org to find local resources

Academic

- Encourage students to seek the support they need to be successful

Reporting

Sexual assault is a crime, and it is every survivor's right to report an incident; however, it is also a survivor's right to choose not to report

If you are a mandatory reporter, let the student know before they disclose

Inform survivors of their rights and options by providing:

- Choices regarding their reporting options (i.e., criminal, Title IX, confidential)
- Resources for medical, mental health, legal, victim advocacy, and law enforcement assistance
- Accommodations (e.g., academic, housing)

Avoid victim-blaming; Make sure survivors know it's not their fault.

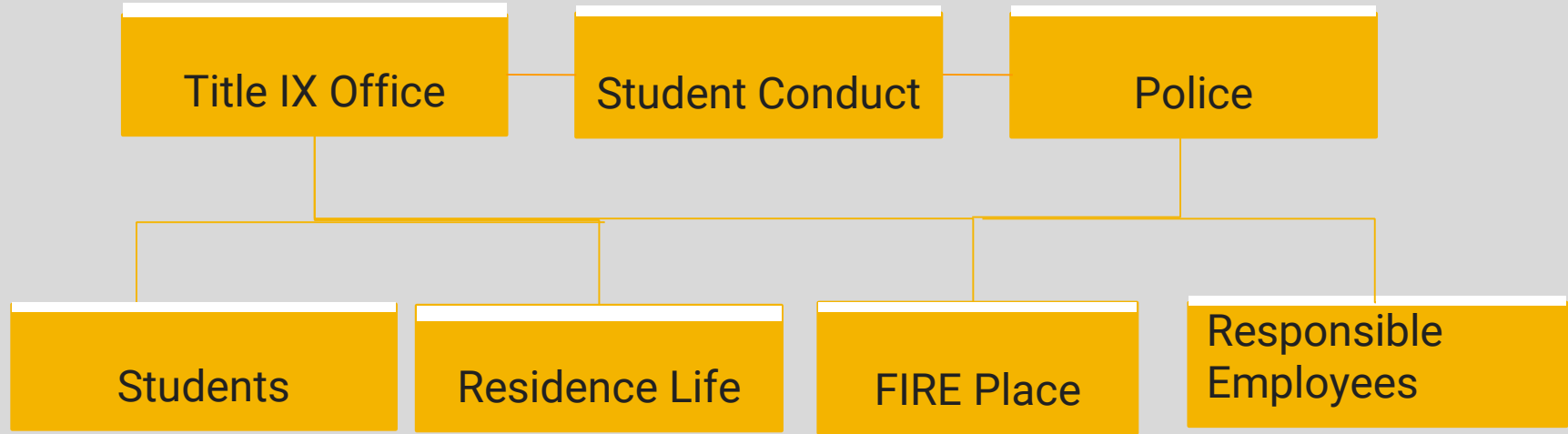
Additional Challenges for International Students

- Language
- Cultural differences
- Social network availability
- Lack of financial resources
- High academic pressures
- Impact on their immigration status

What International students need to know about Title IX :

- It protects them regardless of national origin, immigration status or citizenship status
- Forms and documentation must be made available for English learners
- Necessary accommodations can be made
 - The Title IX coordinator and DSO will work together to keep student in status

Supporting Students Through Reporting-Western Michigan University





Resources



SEXUAL assault

AWARENESS & SAFETY

for

INTERNATIONAL STUDENTS



Powerpoint Presentation

Comprehensive, professionally designed presentation to walk your students through the program.



Video Content

Two videos on sexual assault awareness and student perceptions from around the world.



Student Handout

A downloadable student guide take-away, or we can supply hard copies, to distribute to students.



Interactive Activities

Activities that allow students to form into groups and learn about sexual assault & consent.



Proctor Guide

Complete guide to walk you through the program and how to present the session to students.



Presentation

Proctor Guide



Proctor Guide

Slide 2:

Session Overview

- What is Sexual Assault and Consent in the US?
- Staying Safe
- Cultural Backgrounds and Differences
- Seeking Help
- How Your School Can Help



Main Talking Points:

- Roadmap of what we are going to discuss: sexual assault, consent, staying safe, norms around the world, and what do if something happens.

In today's discussion, we are going to cover what sexual assault is. You'll notice that when discussing the definition of sexual assault, the most important word you'll hear is consent. Not only will you know what consent is by the end of the presentation, but hopefully it's a concept that you'll include in every relationship you have. Then, we'll discuss staying safe including what you can do to keep yourself, and your friends, safe by taking a few extra precautions. Like in any place, you always want to be smart and cautious. We'll then look at the topic from other student's perspectives, including laws and cultural norms around the world. Finally, if something were to happen, we'll explain your options, and what we can do as your school to help.

Slide 3:

Introduction to Sexual Assault

Sexual Assault Statistics



Main Talking Points:

- 11.2% of all undergraduate and graduate students experience rape or sexual assault through physical force, violence, or incapacitation
- 1 in 5 women and 1 in 16 men on college campuses
- 2 people who are sexually assaulted for every 1 robbery

This is why we are here today. 11.2% of all undergraduate and graduate students experience rape or sexual assault through physical force, violence, or incapacitation. To give you an idea of how many people that is, that is 1 in 5 women and 1 in 16 men on college campuses. To put that into perspective, that is 2 people who are sexually assaulted for every 1 robbery. Because of this, today's conversation is very important and relevant.



Slide 4:

What is Sexual Assault?



Can someone explain to me what sexual assault is?

<wait for someone to volunteer>

Slide 5:

Introduction to Sexual Assault

Sexual Assault Definition:

In the United States, sexual assault is when a sexual activity happens without the agreement of your partner. It's important that you have consent every step of the way.



Main Talking Points:

- Sexual assault is any type of sexual contact or behavior without consent
- Touching someone in a sexual way or trying to have sex

Sexual assault is any type of sexual contact or behavior that is done without the consent of the other person.¹ It can be anything from touching someone in a sexual way or trying to have sex without the agreement of the other person.

¹ <https://www.justice.gov/sexual-assault>



Student Activities

Activity #4: What Does It Look Like?

Topic:

Consent

Instructions:

In your group, please have one person read the following questions. After each question, discuss your responses as a group. Take notes as you'll be asked to share your responses at the end of the activity.

Questions:

1. What does it look like or sound like when someone is interested in you?
2. What does it look like or sound like when someone is **NOT** interested in you?
3. What are some non-verbal cues/body language that say "no"?
4. What does it look like or sound like when someone wants you to buy them a drink?
5. What are some non-verbal cues/body language to indicate that someone wants you to kiss them?

names

76

SEXUAL
assault

AWARENESS + SAFETY
explained for
INTERNATIONAL STUDENTS



Sexual Assault Awareness Video

Brochure

SEXUAL assault AWARENESS & SAFETY explained for INTERNATIONAL STUDENTS

RAINN
National Sexual Assault
Hotline

International
Student Insurance

After an Assault

If you have been assaulted, remember that you are not alone, what happened is not your fault, and there is help available.



1. **Safety First** - Make sure you are in a safe place and contact someone you trust for support.

IF YOU ARE IN IMMEDIATE DANGER OR SERIOUSLY INJURED, CALL 911.



2. **It's Not Your Fault** - Something happened to you that you did not want, and it is not your fault.
3. **Seek Help or Support** - Call the National Sexual Assault Hotline toll-free at 800-656-4673 or online rainn.org.

This confidential resource will connect you to a trained staff member who is there to help and can walk you through your medical and reporting options. The actions you take from there will be up to you!

Visa Requirements

Following a sexual assault, you may choose to access academic accommodations, such as withdrawing from classes or reducing your workload. If your visa requires that you maintain a full-time course load, work with your PDSO (Principal Designated School Official) for approval or talk to your International Student Advisor for advice. This approval can be given for either academic reasons (once per program) or medical reasons (12 months).

Title IX School Obligations

Your school is federally obligated to make immediate and effective efforts to end sexual harassment and sexual violence. Under Title IX, your school is required to:



Protect you



Cannot discourage you from continuing your education



Have an established procedure to ensure your safety



Take immediate action to ensure you can continue your education



May not retaliate against someone filing a complaint



Provide the option of a no contact directive to your attacker



Provide you with the opportunity to formally present your case against the perpetrator

Provide reasonable accommodations, like room changes, for no additional cost

Contact your Title IX Coordinator if you would like to make a formal report to your school.

REMEMBER, YOU ARE UNDER NO OBLIGATION TO REVEAL YOUR ASSAULT TO YOUR PDSO

Additional Video Resources

[Consent Video Resource: Tea Consent](#)



[TED Talk - A Call To Men \(Athletes\)](#)



Resources - RAINN

The [National Sexual Assault Hotline](#) at 800.656.HOPE (4673)

- A trained member of a local sexual assault service provider will direct the victim to appropriate health facilities to help them.
- Available 24 hours a day, 7 days a week
- [Prevention Navigator](#)
- [Sexual Assault Service Provider Search Tool](#)



Resources at Western Michigan University



Alecia Smith- Assistant Director of
Health Promotion and Education
(269)387-3263
alecia.m.smith@wmich.edu



Amber Mosley- Coordinator
of Sexual Assault Prevention
Education- Office of Health
Promotion and Education
(269)387-3263



Questions?

