

A Crisis Toolkit:

Collaboration in Navigating International Student Crises

Presenters



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Agenda

01

**Exploring Crisis
Management**

02

**Identify
Collaborators
through Case
Studies**

03

**Conclusions and
Resources**

04

Q&A

Exploring Crisis “Management”

You selected this session today for some specific reason... Why?

**GROUP
BRAINSTORM**

What are you imagining when you hear the word “Crisis”?



Actions needed vary dramatically based on circumstances



Best way to prepare is to think through scenarios in advance



Crisis scenarios help us identify the resources and collaborators we need



Goal is to return to your campus with an action plan to research and reach out to collaborators

Actions Needed for Managing Crises

Using a Rubric to Create a Crisis Toolkit

Consider the What? Where? When? How? Who? Of the crisis

Think about your role and responsibilities vs that of others

Who do you need to know:

- on campus
- in the community
- in the government/legal realm

What actions can you take now to:

- Help prevent the crisis in the first place
- Reduce the damage during the crisis
- Prepare to clean up from each type of crisis when it happens?

Crisis Rubric to Create your Toolkit

TOOLKIT	PRE-CRISIS/PREVENTION	DURING CRISIS	POST CRISIS
Campus			
Community			
Legal/Govt			
Others			



CRISIS # 1: Law/Criminal Case

OISS received a call from an international student letting you know that he was arrested overnight due to an escalated conflict with his landlord. The call ended before you had a chance to ask him for more information. The student called again and was able to provide his name, his situation briefly, and assure you that he is fine but needs some advice for free legal support. He did not appear to have a concern for his F-1 status. The call ended again. It is not clear to you if charges are being made against the student.



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CRISIS # 2:

Health/Medical Emergency

Four international students travel to Las Vegas over Thanksgiving Break. They are driving at night in a rented vehicle. The driver swerves off of the road to avoid a deer. Two students are banged up but are generally okay. One student is not wearing their seatbelt and is thrown from the car and dies. The student in the passenger seat is severely hurt and is in the ICU. She is in a hospital outside of Las Vegas when one of the students calls and tells you what has happened.



Crisis Rubric to Create your Toolkit

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Others			

CRISIS # 3: Mental Health

A student becomes manic after discontinuing medication for Bipolar Disorder. She stops attending class. Residence Life is notified after several manic incidents in the dorm. A decision is made by several campus offices that the student needs to return home to continue treatment and take a leave of absence from school. The student has an episode at the airport, refuses to board the plane and is put on a 72-hour psych hold at a facility





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Crisis Rubric to Create your Toolkit

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Others			

Resources



References

FEMA.gov

Study in the States
<https://studyinthestates.dhs.gov>

Department of State
<https://j1visa.state.gov>

Find an immigration attorney
<https://studyinthestates.dhs.gov>

Links to your school's website

Community resources

Telecounseling resources

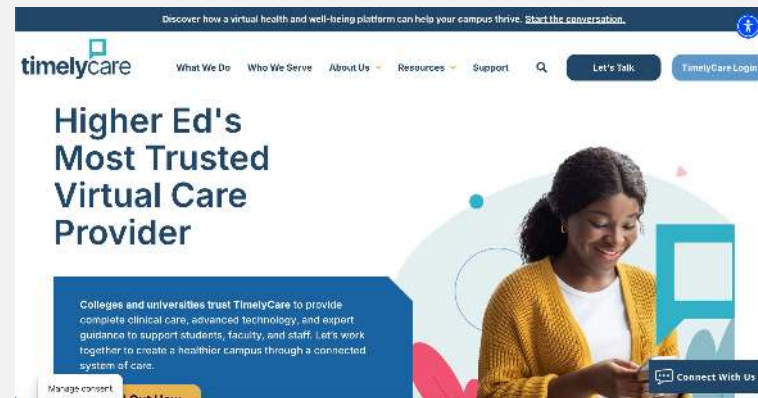
Self-Assessment /Self-Help Tools



[TimelyCare.com/USD](https://www.timelycare.com/USD) →

← [It'sUPtoUS](https://www.itstup.us)

[TimelyCare](https://www.timelycare.com) →



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- MedicalNow + Scheduled Medical Appointments
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- Other helpful virtual resources

www.timelycare.com/USD

IMPORTANT PHONE NUMBERS AND WEBSITES

- | | |
|------------------|---|
| 911 | For urgent emergencies |
| (619) 260-2222 | For on-campus emergency, fire, or explosion |
| (619) 260-7777 | USD Public Safety |
| (619) 531-2000 | San Diego Police 24-hr Non Emergency |
| (888) 724-7240 | Access Crisis Hotline (for suicide emergency) |
| (858) 499-4000 | Sharp Healthcare: 8695 Spectrum Center Blvd |
| (619) 294-8111 | Scripps Mercy Hospital: 4077 Fifth Ave |
| (619) 225-6200 | Sharp Urgent Care & More: 3434 Midway Drive |
| (848) 230-7770 | Pacific Urgent Care: 975 Garnet Ave. |
| embassyworld.com | Embassy or Consulate Contact Information |

Please list a local Emergency contact to call in case of an Emergency:

Hotline & Services

Emergency Line

911

Suicide & Crisis Lifeline

<https://988lifeline.org>

988

National Domestic Violence Hotline

<http://www.thehotline.org>

1-800-799-SAFE

It Gets Better Project (LGBTQ)

www.itgetsbetter.org/pages/get-help

1-866-4-U-TREVOR

Crisis Text Line

<http://www.crisistextline.org>

Text 741-741

NAFSA: Services

NAFSA has an excellent International Student and Scholar Services Checklist for each of the categories we have gone over today.

SCAN ME





THANK YOU!