

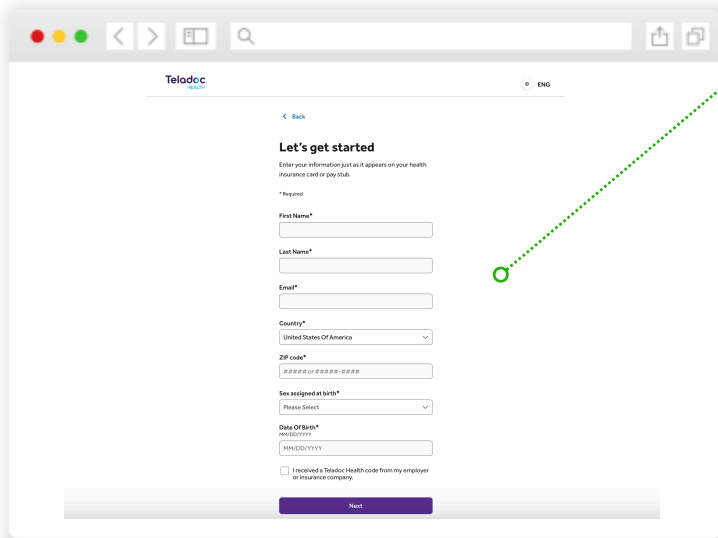


# Teladoc

Inside the USA, Teladoc, gives you the power to speak to a licensed doctor by web, phone, or mobile app in minutes! With your Point Comfort insurance plan, Teladoc is included and allows you to seek medical care from the comfort of your own home. For more information about the fees associated with these Teladoc services, please review your plans policy wording and brochure.

To get started, visit <https://www.teladoc.com/> to setup your account for the first time.

Please note - you can only register once your plan has started, and only within the USA.

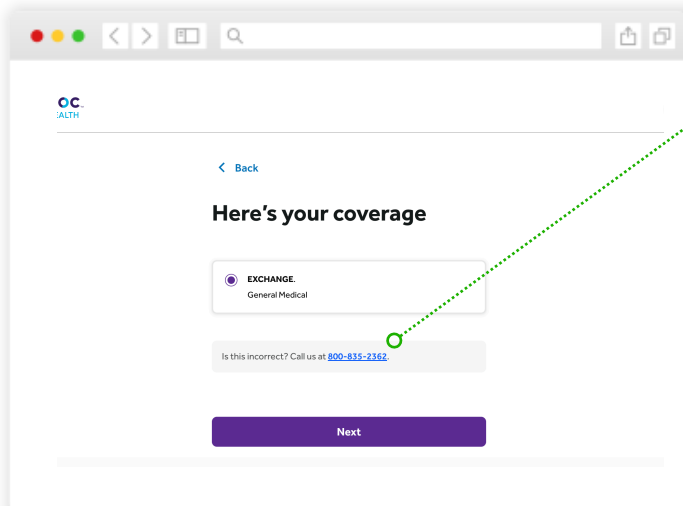


## 1. Confirm Benefits

Complete the initial registration form with your personal details.

Please note:

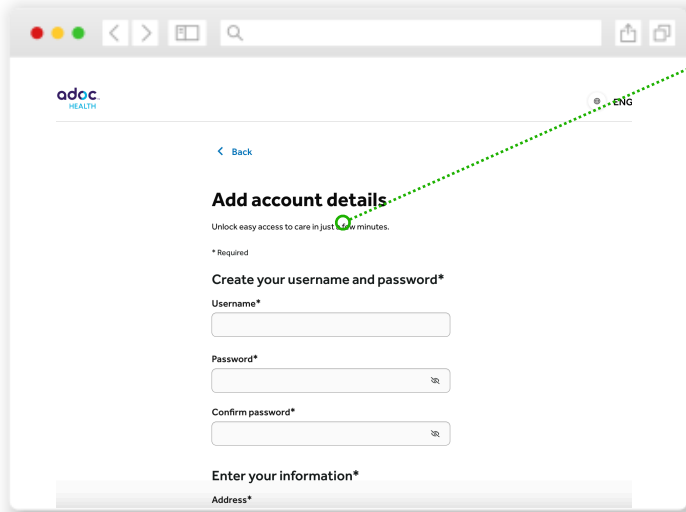
- **Name** - if you have multiple first names, you'll want to enter only the first part of your first name. If you have multiple last names, you'll want to enter your full last name.
- **Zip Code** - please use "46225".
- **Promo Code** - DO NOT select this.



## 2. Benefit Confirmation

Your benefits provider will show as **"Exchange - General Medical"**. Click next to continue.

**Please note:** If you are under age 18, you'll need to enter an "Authorized Consenter" to your account. This will need to be the parent or guardian who will be present with you during your Teladoc visits.



### 3. Create Account

You will need to create your username and password, enter your contact details, and choose your security questions to finish registering for your account.



### 4. Download the App

Once your account is created, you can seek care by phone, online, or through the Teladoc apps.

### Consultation Times

Teladoc consultations are based on the current demand, sometimes you can seek care within the hour and other times it can take a few hours for your consultation. Please be patient!

Teladoc is not available internationally.

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Talk to a doctor anytime

📞 1-800-Teladoc (835-2362)

🍏 | 🤖 Download the app

🖥️ Teladoc.com